What is Peer Support?

Peer Support can be defined as a service provided by trained fire service personnel who respond to other fire service members in need. Whether a member’s needs are personal or professional, peer support teams serve as a resource to fire service members and their families.

Benefits of Peer Support Programs:
• Builds trust among peers
• Creates a well-educated workforce
• Less absenteeism
• Prepares workforce for crisis
• Reduces stigma about accessing behavioral health services

Become a trained Peer Support Specialist:
IAFF 2-Day Peer Support Training
http://client.prod.iaff.org/#contentid=40484

References and Resources:
• http://client.prod.iaff.org/#page=behavioralhealth (IAFF Behavioral Health Resources)
• http://lms.iaff.org/course/view.php?id=64 (Online IAFF Behavioral Health Awareness Course)