

ALEXIA GEARY MANESS

Curriculum Vitae

Program Manager, Warriors Research Institute
Baylor Scott & White Research Institute
Baylor Scott & White Health
2201 MacArthur Drive, Suite 2200
Waco, TX 76708
alexia.maness@bswhealth.org

EDUCATION

Baylor University, Waco, TX, 2004
Bachelor of Science
Major: Education

RESEARCH EXPERIENCE

Program Manager, 2015 – present
Warriors Research Institute (WRI)
Baylor Scott & White Research Institute (BSWRI)
Suzy Gulliver, Ph.D.

- Manage daily operational needs including: physical space, technology requests and procurement, supply orders, billing and payments, and inventories
- Liaise with the larger Baylor Scott & White Health system
- Manage and lead WRI's project to establish a recovery high school in McLennan County
- Attend community meetings focused on adolescent well-being including: Our Community, Our Future, Recovery-Oriented Systems of Care, and Waco Immigrant Resource Task Force
- Lead weekly administrative meetings and monthly internal budget meetings
- Create and disseminate annual fiscal year report detailing the accomplishments and goals of WRI
- Assist in grant proposal writing and editing
- Oversee WRI website content and regular updates
- Coordinate executive travel and complex reimbursements using multiple systems
- Maintain updated information for WRI collaborators
- Participate in weekly science meetings
- Manage Institutional Review Board (IRB) submissions through BSWRI and Texas A&M University
- Work with leadership to establish yearly operating budget for WRI within BSWRI
- Facilitate service agreement execution for consultation services by Dr. Gulliver between external sources and BSWRI
- Coordinate and manage miscellaneous invited projects including book chapters and encyclopedia volumes

PROJECTS

1. Program Manager, *A Recovery High School for McLennan County*
A community project to establish a secondary school designed specifically to provide a sober and recovery-supportive learning environment for students who are in active recovery from alcohol and substance use disorder and other addictions with corresponding behavioral health issues.
Project Ongoing: 4/2017 - present
2. Program Manager, Hogg Foundation for Mental Health awarded to Suzy Bird Gulliver
Evaluating the Efficacy of Peer Support Training and Supervision for Texas Firefighters
Funding Period: 7/1/2016 - 6/30/2017
Total Costs: \$21,371

INVITED PANEL DISCUSSION

Working Together to Fight Addiction in Waco, Waco Behavioral Health Symposium, Fighting Addiction as a Community, 11/8/2019

PUBLISHED CHAPTERS

1. Kruse, M. I., Denman, T. C., **Maness, A. G.**, & Gulliver, S. B. (2019). Co-Occurring PTSD and Substance Use Disorders. In B. A. Moore & W. E. Penk (Eds.) *Handbook for the Treatment of PTSD in Military Personnel (Second Edition)*. New York: Guilford Press.

POSTERS AND PRESENTATIONS

1. **Maness, A. G.**, Coe, E., Ettinger, L., Woodall, S., Ostiguy, W., & Gulliver, S. B. (2019, July). *Barriers and solutions: Building a new recovery high school program in the land of Fixer Upper*. Round table discussion presented at the 18th National Recovery Schools Conference, Boston, MA.
2. Dobani, F., **Maness, A. G.**, Pennington, M. L., Coe, E., Meyer, E. C., Gulliver, S. B. (2019, May). *Building a Continuum of Care: Recovery High School in Central Texas*. Podium presentation at Baylor Scott & White Central Texas Scholar's Day, Temple, TX.
3. Dobani, F., Pennington, M. L., Denman, T. C., **Maness, A. G.**, Gulliver, S. B. (2018, April). *Mediating effects of family social support on potentially traumatic events and PTSD in firefighters*. Poster presented at 6th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
4. **Maness, A. G.**, Gomez, D. R., Pennington, M. L., Denman, T. C., Thomason, P., Meyer, E. C., Leto, F. & Gulliver, S. B. (2018, April). *The Utility of Telephone Supervision in Peer Support Training for Texas Firefighters*. Poster presented at 6th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.

5. Pennington, M. L., Dobani, F., Denman, T. C., **Maness, A. G.**, Meyer, E. M., & Gulliver, S. B. (2018, April). *Mental functioning and drinking motives in firefighter recruits*. Poster presented at 6th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
6. Terblanche, M., Pennington, M. L., Dobani, F., Denman, T. C., **Maness, A. G.**, Meyer, E. C., & Gulliver, S. B. (2018, April). *Resilience and PTSD symptoms in firefighters*. Poster presented at 6th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
7. **Maness, A. G.**, Gomez, D. R., Pennington, M. L., Denman, T. C., Thomason, P., Meyer, E. C., Leto, F. & Gulliver, S. B. (2017, November) *The Utility of Telephone Supervision in Peer Support Training for Texas Firefighters*. Poster presented at Texas Psychological Association 2017 Annual Convention, Houston, TX.
8. Pennington, M. L., **Maness, A. G.**, Gomez, D. R., Thomason, P. M., Denman, T. C., & Gulliver, S. B. (2017, April). *Ethics of suicide research: Does asking about suicide increase suicidality in fire service?* Poster presented at the 5th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
9. Gomez, D. R., Torres, V. A., Thomason, P. M., Denman, T. C., Pennington, M. P., **Maness, A. G.**, & Gulliver, S. B. (2017, April). *Sleep problems and posttraumatic stress disorder in fire service*. Poster presented at the 5th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
10. Thomason, P. M., Denman, T. C., Gomez, D. R., Pennington, M. L., **Maness, A. G.**, & Gulliver, S. B. (2017, April). *Does the context of suicide exposure influence the effects of PTSD in firefighters?* Poster presented at the 5th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
11. Denman, T. C., Pennington, M. L., Gomez, D. R., Thomason, P. M., **Maness, A. G.**, & Gulliver, S. B. (2017, April). *Drinking motives and marriage in firefighters*. Poster presented at the 5th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
12. Frank, S., Vielma, I., Pennington, M. L., Thomason, P. M., Gomez, D. R., Denman, T. C., **Maness, A. G.**, & Gulliver, S. B. (2017, April). *Attrition among veteran and non-veteran firefighters in a three-year longitudinal study*. Poster presented at the 5th annual Baylor Scott & White Health Central Texas Research Day, Temple, TX.
13. Gulliver, S. B., Denman, T., Thomason, P. Pennington, M., **Maness, A.**, Gomez, D., Leto, F., Cammarata, C., Zimering, R. T., Ostiguy, W., & Kimbrel, N. (2016, November). *Teaching firefighters AMIT: Effective methods of peer training*. Poster presented at the 32nd annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.

14. Gulliver, S. B., Pennington, M., **Maness, A.**, Gomez, D., Thomason, P., & Denman, T. (2016, November). *Warriors Research Institute*. Presented at the Baylor Scott & White Health Scientific Research Retreat, Waco, TX.
15. Denman, T., Pennington, M., **Maness, A. G.**, Torres, V., Gomez, D., & Gulliver, S. B. (2016, May). *Do female firefighters have more stigma concerns regarding behavioral health services than male firefighters?* Poster presented at 4th annual Baylor Scott & White Health Research Days, Temple, TX.
16. Gomez, D. R., Torres, V. A., Pennington, M. L., Carpenter, T. P., **Maness, A. G.**, Morissette, S. B., Zimering, R. T., & Gulliver, S. B. (2016, May). *The relationship between exercise, social support, and depression in firefighter recruits*. Poster presented at 4th annual Baylor Scott & White Health Research Days, Temple, TX.
17. Torres, V. A., Gomez, D. R., Pennington, M. L., Carpenter, T. P., **Maness, A. G.**, Morissette, S. B., Zimering, R. T., & Gulliver, S. B. (2016, May). *How does lifetime recreational drug use relate to nicotine use in the first 3 years of fire service?* Poster presented at 4th annual Baylor Scott & White Health Research Days, Temple, TX.

RESEARCH DEVELOPMENT

- *Research Ethics*, Office of Academic Research Development, Baylor Scott & White Health, 1/14/2016
- *Research Design and Basics*, Office of Academic Research Development, Baylor Scott & White Health, 1/19/2016
- *Institutional Review Board (IRB) Guidelines*, Office of Academic Research Development, Baylor Scott & White Health, 1/25/2016
- *Academic Writing: IRB Protocols*, Office of Academic Research Development, Baylor Scott & White Health, 9/1/2016
- *Creating a Poster Presentation*, Office of Academic Research Development, Baylor Scott & White Health, 9/13/2016
- *The Do's and Don'ts of Informed Consent*, Office of Academic Research Development, Baylor Scott & White Health, 9/21/2016
- *Grant & Project Management*, Office of Academic Research Development, Baylor Scott & White Health, 10/11/2016
- *Research Informed Consent*, Research Regulatory Affairs Office, Baylor Scott & White Health, 10/20/2016
- *Academic Writing: Key Considerations for Manuscript Publication*, Office of Academic Research Development, Baylor Scott & White Health, 12/1/2016
- *Everything Disc ® Workplace*, Baylor Scott & White Research Institute, 11/29/2018

RESEARCH ACTIVITIES

- Scholar's Day, Office of Education, Baylor Scott & White Health, 5/2019

- Research week, Baylor Scott & White Research Institute 4/9 – 4/13/2018, 4/8 – 4/12/2019
- 2nd Annual Recovery to Practice Symposium, Texas Association of Addiction Professionals – Waco Chapter, 3/5/2019
- Waco Behavioral Health Symposium, Fighting Addiction as a Community, 11/8/2018
- Research Days, Baylor Scott & White Health, Office of Academic Research Development, 5/2015, 5/2016, 4/2017, 4/2018

CERTIFICATIONS

- Collaborative IRB Training Initiative (CITI) Program, 11/2015, 3/2017, 11/2018
- Texas Educator Certificate, Generalist grades 4-8, 2010 - 2016
- Texas Educator Certificate, English Language Arts and Reading grades 8-12, 2004 – 2016
- Texas Educator Certificate, Pedagogy and Professional Responsibilities, 2004 - 2016

OTHER PROFESSIONAL EXPERIENCE

Customer Service Supervisor and Specialist, 2011 – 2015

American Income Life Insurance Company

Patrice Washington

Stephanie Matus

Sarah Mussett

- Managed performance and personnel matters of a 14-member team
- De-escalated and resolved customer issues
- Trained and coached employees in various job functions including: customer service skills, multiple computer systems, efficient production, and time management skills
- Tracked and reported team metrics weekly and monthly
- Worked with others within and outside of the customer service department to reach beneficial resolutions
- Made independent financial decisions and approvals within customer service and company guidelines
- Handled all communication with customers in a professional and personable manner
- Handled confidential and sensitive information within security guidelines

Teacher, 2016 – 2010

English Language Arts, 6th – 8th grades

Brazos Middle School

Waco Independent School District

- Taught 6th grade English/Language Arts and 7th/8th grade Reading
- Increased student scores on required state standardized testing 7-10% (Reading, Texas Assessment of Knowledge and Skills (TAKS))

- Planned, organized, and delivered daily lessons for students of diverse levels of academic achievement
- Verified Texas English Language Proficiency Assessment System (TELPAS)
- Utilized district approved CSCOPE curriculum
- Collaborated successfully with students, other teachers, parents, and administrators
- Efficiently utilized Sheltered Instruction Observation Protocol (SIOP) teaching model
- Sponsor for the Brazos Middle School Step Team

Equine Veterinary Technician, 2004 - present

Heart of Texas Equine Clinic

R. F. Edwards, DVM

- Administer vaccinations
- Collect blood and other specimens for testing
- Conduct diagnostic imaging
- Perform laboratory testing
- Assist veterinarian using proper restraint techniques for treatments and procedures
- Administer and monitor anesthesia
- Apply bandaging using proper techniques
- Prepare animals for surgery or treatment by veterinarian
- Treat hospital cases and document treatments
- Provide instruction and education to owners in proper care of their animals
- Assist owners in trailer-loading and un-loading
- Assist in maintaining proper supply inventories
- Ensure equipment and instruments are cleaned properly
- Handle post-treatment and post-surgery clean-up

VOLUNTEER AND OTHER EXPERIENCE

- Trail Scout, C-Bar Stables, 4/2001-present
- Volunteer, Miracle Match Marathon, Waco, Texas, 1/2017
- Riding Instructor, C-Bar Stables, 1/2002-7/2010
- Counselor, First Baptist Day Camp, 5/2000-8/2002