Baylor University Medical Center
Dietetic Internship
Meet the Dietetic Internship Faculty

Dr. Susan Roberts, DCN, RDN, LD, CNSC, FAND  Dietetic Internship Director & Area Director of Clinical Nutrition

Susan.Roberts@BSWHealth.org

Ashley Mullins, MS, RDN, LD, CNSC  Dietetic Internship Program Manager

Ashley.Mullins@BSWHealth.org
Program Overview

• **Program Mission**: To provide an atmosphere in which the dietetic intern can apply and augment the knowledge base acquired from the academic setting. The program strives to prepare qualified Registered Dietitian Nutritionists for entry-level practice by imparting to each student the educational standards established by the ACEND.
## Program Overview

- Applicants desiring to take the credentialing exam to become an RDN must have a minimum of a graduate degree effective January 1, 2024.
- Baylor University Medical Center’s dietetic internship program will provide two tracks for the spring 2021 match.

<table>
<thead>
<tr>
<th>Dietetic Internship (DI)</th>
<th>Combined Dietetic Internship with Masters of Clinical Nutrition (MCN/DI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 10 months supervised practice hours in Dallas, TX area</td>
<td>• 22 month program provides Masters of Clinical Nutrition (MCN) and supervised practice internship</td>
</tr>
<tr>
<td>• Spring match 2021 (12 interns)</td>
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</tr>
<tr>
<td>• Final internship only cohort-future matches will be coordinated internship and masters of clinical nutrition</td>
<td>• Year 1: Graduate coursework with Texas A&amp;M University in College Station, TX</td>
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<tr>
<td></td>
<td>• Year 2: Supervised practice internship in Dallas, TX area</td>
</tr>
</tbody>
</table>
**DI**

- **Program Length**: 10 months
- **Graduate Credit**: Optional 9 hours dual credit from Texas Woman’s University
- **Program Start**: August 2021
- **Supervised Practice Start**: August 2021
- **Program Completion**: June 2022

**DI/MCN**

- **Program Length**: 22 months
- **Graduate Credit**: MCN degree required from Texas A&M University
- **Program Start**: August 2021
- **Supervised Practice Start**: August 2022
- **Program Completion**: June 2023
History of the Program

Mr. Powell and Ms. Dambold established the program in 1953. First civilian based internship program in the state of Texas.

Boone Powell Sr.
CEO BUMC
1946-1996
“The Dietetic Interns have a special place in my heart!”

Mary Ellen Dambold
Nutrition Services Director
1948-1970
“I’ve always been proud of the Dietetic Internship Program—many have gone on to do some great things!”
Program Goals

Goal 1: The program will prepare graduates to be competent, entry-level Registered Dietitian Nutritionists (6 objectives)

Goal 2: The program will prepare graduates who demonstrate professionalism and continued learning. (2 objectives)

Goal 3: The program will prepare graduates who demonstrate a commitment to community service. (1 objectives)

A more detailed summary of the program’s outcomes of these goals may be requested by emailing Susan.Roberts@bswhealth.org
Program Goals

Goal 1: The program will prepare graduates to be competent, entry-level Registered Dietitian Nutritionists.

- At least 80% of program interns complete the program requirements within 15 months (150% of program length). **within 33 months for MCN/DI
- Ninety percent of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.
- The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
- Ninety-five percent of graduates will rate themselves “at or above” entry level 10-12 months after employment when compared with other dietitians who have graduated from dietetic programs.
- Of graduates who seek employment, 80% are employed in nutrition and dietetics or related fields within 12 months of graduation.
- Ninety-five percent of employers indicate satisfaction with graduate’s preparation for entry-level practice by responding to a survey and rating graduates "at or above" entry level 10-12 months after employment when compared with other new dietitians who have graduated from dietetic programs.
Goal 2: The program will prepare graduates who demonstrate professionalism and continued learning

- Greater than or equal to 90% of employers responding to a survey will rate graduates as satisfactory or better for professional competence.
- Eighty percent of graduates responding to a survey are members of professional organizations.

Goal 3: The program will prepare graduates who demonstrate a commitment to community service

- Fifty percent of graduates responding to a survey are involved in community service.
Clinical/Nutrition Therapy
Concentration Competencies

• **CNT 1.** Develop a foundation which fosters expertise in comprehensive nutrition care to diverse populations in a variety of settings, including neonates, children with special needs and transplant recipients.

• **CNT 2.** Demonstrate an understanding of the role of nutrition-focused physical assessment within complex populations including critically ill, transplant recipients, and children with special needs.

• **CNT 3.** Demonstrate the ability to collect measurable data, analyze research, and document outcomes in the practice setting.

• **CNT 4.** Demonstrate the ability to locate, evaluate, and analyze research results for a question related to nutrition therapy for a specific condition.

• **CNT 5.** Demonstrate a higher level of understanding of risks and benefits associated with enteral and parenteral nutrition therapies in specific conditions.

• **CNT 6.** Demonstrate an understanding of the role of the dietitian in advanced practice skills, i.e. nutrition order writing and feeding tube placement.
Eligibility Requirements

• Overall GPA of 3.0 or better on a 4.0 scale, with a GPA of 3.25 or better preferred;
• Original Verification Statement of completion of academic requirements or declaration of intent to complete academic requirements by August
  – Note: Program requirement completion date of verification statement must be no older than 5 years at the start of the dietetic internship program
• GRE is not required
• By the start of the dietetic internship program, a minimum of a bachelor of science degree from the U.S. regionally accredited university or college OR foreign equivalent as verified by a Commission on Dietetic Registration (CDR) approved nonprofit agency (Approved nonprofit agencies available at ACEND website)
• A non-refundable application fee of $75.00. Send a check or money order made payable to:
  – Baylor University Medical Center
    Dietetic Internship/Nutrition Services
    3500 Gaston Ave.
    Dallas, TX 75246
Selection Criteria for the Program

• Activities demonstrating leadership & ability to work well with people
• Foodservice and/or hospital work experience is very important.
  – Additional work experience is helpful
• Recommendation letters:
  – Two professors in food and nutrition coursework and one current or recent employer
  – Matched interns will be required to apply to Texas A&M graduate program immediately following match day and will also require 3 letters of recommendation. These can be from the same individuals utilized for your DICAS application.
    • Due to the very short timeframe it is strongly recommended to request recommendation letters for the graduate program at the same time you request letters for your DICAS application.
• Applicant's personal statement
• Interviews are not conducted, however attendance at a virtual open house session is strongly encouraged.
  – Contact Ashley Mullins (Ashley.mullins@bswhealth.org) to register
Final Acceptance is Contingent Upon:

• Submission of a Verification Statement of Completion of Academic requirements within 30 days of the start date of the program.
• Successful completion of the Baylor Scott & White employee health physical, drug screen (including nicotine) and background check (going back 10 years).
  – Any adverse findings may result in a candidate being denied final acceptance into the Dietetic Internship Program.
  – The drug screen and physical is completed at no cost to the intern
• Insurance & certification requirements (purchased by intern)
  – Health insurance
  – Automobile liability insurance
  – Supplemental malpractice liability insurance
  – CPR (healthcare provider) certified
Internship Estimated Expenses

• Subject to variation as expenses are estimates only

• Dietetic Internship Track:
  – Estimated expenses for 10 months
  – Optional graduate credit available as dual credit from Texas Woman’s University (up to 9 hours) if intern opts to enroll and pay tuition

• MCN/DI Track:
  – Estimated expenses include the cost of graduate studies and the cost of the supervised practice will incur expenses for at least two years of graduate school
  – In general, a minimum of 32 graduate hours is required for the Master of Clinical Nutrition degree
  – Standard information on tuition and fees for graduate hours may be found at the Texas A&M Student Business Services
  – Financial aid eligibility and information is available from Texas A&M University
# Internship Estimated Expenses - Dietetic Internship

<table>
<thead>
<tr>
<th>Estimated Expenses</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy membership</td>
<td>$58</td>
</tr>
<tr>
<td>Internship application fee</td>
<td>$75</td>
</tr>
<tr>
<td>Internship fee</td>
<td>$8,000</td>
</tr>
<tr>
<td>Registration exam (following completion of program)</td>
<td>$200</td>
</tr>
<tr>
<td>Books and supplies (safety shoes, study references, etc.)</td>
<td>$50-$100</td>
</tr>
<tr>
<td>Liability insurance</td>
<td>$24</td>
</tr>
<tr>
<td>Local housing cost</td>
<td>$700-$900/month</td>
</tr>
<tr>
<td>Meals (one meal per day is provided for days at the main hospital)</td>
<td>$10-$15/day</td>
</tr>
<tr>
<td>Travel (distance for off-site rotations can vary)</td>
<td>$900/year</td>
</tr>
<tr>
<td>Drug screen (including nicotine), background check and required immunizations (provided by hospital)</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Total cost</strong></td>
<td><strong>$10,000-$10,300</strong></td>
</tr>
</tbody>
</table>

Nine Graduate credit hours (optional)

- Resident $3,668
- Non-Resident $7,403

**Total cost (with optional 9 hours of graduate credit from Texas Woman’s University)**

$13,700-$17,700
## Internship Estimated Expenses - MCN/DI

### Estimated Expenses

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<th>Cost</th>
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<td>Academy membership (per year)</td>
<td>$58</td>
</tr>
<tr>
<td>Internship application fee</td>
<td>$75</td>
</tr>
<tr>
<td>Graduate program application fee (pending match to program)</td>
<td>$65</td>
</tr>
<tr>
<td>Internship (supervised practice) fee (year two)</td>
<td>$8,000</td>
</tr>
<tr>
<td>Graduate Coursework Tuition &amp; Fees (year one &amp; two combined)</td>
<td>$14,749</td>
</tr>
<tr>
<td>Registration exam (following completion of program)</td>
<td>$200</td>
</tr>
<tr>
<td>Books and supplies (text books, safety shoes, study references, etc.)</td>
<td>$1,312</td>
</tr>
<tr>
<td>Liability insurance (year two)</td>
<td>$24</td>
</tr>
<tr>
<td>Drug screen (including nicotine), background check and required immunizations</td>
<td>$0</td>
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### Total Estimated Required Cost

- **Resident**: $24,483
- **Non-resident**: $41,179

### Personal Varied Additional Cost:

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<td>Local Housing Cost:</td>
<td>$700-900/month</td>
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<tr>
<td>Meals (one meal per day is provided during supervised practice when rotating on the main hospital campus)</td>
<td>$10-$15/day</td>
</tr>
<tr>
<td>Travel (distance for off-site rotations can vary)</td>
<td>$900/year</td>
</tr>
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Interns prepare for rotations by completing two weeks of orientation to develop clinical skills & knowledge including performing nutrition focused physical exams, patient interviewing, and medical nutrition therapy through the use of simulation and interactive classes.

Interns continue to complete supervised practice hours while their research project begins. Interns design the study and begin data collection in the fall. Journal club presentations and the care of the assigned case study are completed prior to holiday break.

Resume supervised practice rotations after the holiday break. Interns will present their case study and continue to complete data collection for the research project. National Nutrition Month® activities are organized and week of vacation is scheduled in March.

Research presentations are completed and the written research paper is submitted. The Boone Powell Scholarship selection process is conducted to award the scholarship to the recipient at graduation. Eligible interns will undergo application process for the scholarship. Scholarship is awarded based on performance professionally and academically and panel results of the interview and written essay. preceptors. Interns complete 3.5 weeks of staff relief in an assigned area based on their ranked preferences.

Staff relief concludes and all paperwork is submitted for graduates to be eligible to sit for the RDN exam. A graduation ceremony is held to honor program graduates with the attendance of graduates guests’ and program preceptors and faculty.
Supervised Practice Orientation – Week 1

• Program Orientation (varies year to year)
  – Team Building
  – Training on Library Resources
  – Coping with Grief and Dying
  – Facility tour
  – Program expectations & policies
Supervised Practice Clinical Practice - Week 2

• Classes and hands-on activities
  – Subjective global assessment & nutrition-focused physical exam
  – Laboratory values in nutrition assessment
  – Enteral & parenteral nutrition support
  – Nutrition in oncology, intensive care, gastrointestinal disease, pediatrics, wound healing
  – Dental area & nutrition, including intra- & extra-oral exam & assessment of the cranial nerves
  – Simulation lab & hands-on activities including abdominal exam, heart & lung sounds, vital signs
  – Use of objective structured clinical examination and patient simulation
Rotations-Weeks 3-38

Clinical Rotations
- Bariatric Surgery
- Cardiology
- Diabetes
- Gastrointestinal Disease
- Hematopoietic Stem Cell Transplantation
- Liver Disease
- Neonatology
- Neurology
- Nutrition Support-Enteral/Parenteral
- Oncology
- Outpatient Counseling
- Organ Transplantation
- Pediatric Specialized Programs
- Rehabilitation
- Trauma
- Critically Ill

Rotations & Experiences in the Community
- Central Admixture Pharmacy
- Dental
- Home Infusion Therapy
- Executive & Corporate Wellness
- Eating Disorders

Management Rotations
- School Food Service
- Hospital Patient Services
- Small Hospital Management
- Production & Purchasing
- Retail
- Nutrition Informatics
- Clinical Nutrition Management
Staff Relief-Week 39-41

• Staff Relief 3-4 weeks at end of internship
  – Appointed to assigned area and specialty with consideration of intern preference
  – Intern assumes complete RDN responsibilities with supervision of preceptor
Major Project Assignments

• Research Project: Interns will participate as a researcher to design, develop, and conduct a research study. Each research project will have an assigned research coach or coaches to mentor the intern. The research project will include four projects and culminate with the final research presentation in the spring.
  – Journal Club Presentation
  – Research Design Presentation
  – Research Study Presentation
  – Written Research Paper
• National Nutrition Month®: interns lead the planning and coordination of promotional events during the month of March.
• Case Study: each intern develops and presents a 30 minute case study from assigned rotation to clinical preceptors.
General Information

• Time Off/Holidays
  – All interns are scheduled time off at the same time.
  – Interns are expected to work some holidays. Holidays and days off are noted in the annual program calendar located on the website.
  – Rotations are not routinely scheduled on weekends, however there may be rare exceptions based on special events and opportunities.

• Fort Worth & Plano Site preference process:
  – All 12 interns spend time at Baylor University Medical Center and will travel to facilities surrounding the Dallas-Fort Worth metroplex.
  – One intern will be matched with Baylor Scott & White All Saints Medical Center-Fort Worth and one intern is matched to Baylor Scott & White Medical Center-Plano to complete approximately 6-8 weeks of rotations. Interns completing rotations at these locations will complete the same curriculum as interns matched to the Dallas campus.
  – A site preference form should be included with your mailed check. More details are available in the “instructions” section of the How To Apply page of the website found here.
General Information

• Boone Powell Sr. Scholarship:
  – Awarded at the end of the internship
  – Selection Criteria
    • Internship performance
    • Written essay
    • Interview with selection committee

• Travel Requirements
  – Transportation and fuel expenses to off-campus facilities for educational purposes are the interns’ responsibility-public transportation will not be feasible for all rotation sites.
  – Some rotations are located in the surrounding Dallas-Fort Worth area and will require a commute (maximum approximately 30 miles-subject to change)
  – In order to meet scheduling requirements, the program does not give consideration to the intern’s residential address when scheduling assignments to off-campus facilities.
• The program will have two options in DICAS & D&D Digital. It is important you are applying to the program of your preference and select the Masters of Clinical Nutrition & Dietetic Internship or the Dietetic Internship only track

• Virtual Informational Sessions are available to be scheduled and are strongly encouraged to learn more about the program.
  – Contact Ashley.Mullins@bswhealth.org to schedule
Questions – email
Dr. Susan Roberts: Susan.Roberts@BSWHealth.org
or
Ashley Mullins: Ashley.Mullins@BSWHealth.org