Program Overview

• Baylor University Medical Center, part of Baylor Scott & White Health, offers a 10-month dietetic internship program in Dallas, Texas, with a clinical nutrition therapy concentration for 12 individuals who have met the academic requirements of the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

• **Program Mission**: To provide an atmosphere in which the dietetic intern can apply and augment the knowledge base acquired from the academic setting. The program strives to prepare qualified Registered Dietitian Nutritionists by imparting to each student the educational standards established by the ACEND.
Meet the Dietetic Internship Faculty

Susan Roberts, DCN, RDN, LD, CNSC, FAND
Dietetic Internship Director and
Area Director of Clinical Nutrition

Susan.Roberts@BSWHealth.org

Ashley Mullins, MS, RDN, LD, CNSC
Dietetic Internship Program Manager

Ashley.Mullins@BSWHealth.org
History of the Program

Mr. Powell and Ms. Dambold established the program in 1953. It is the first civilian-based internship program in the state of Texas.

Boone Powell Sr.
CEO Baylor University Medical Center
1946-1996

“The Dietetic Interns have a special place in my heart!”

Mary Ellen Dambold
Nutrition Services Director
1948-1970

“I’ve always been proud of the Dietetic Internship Program; many have gone on to do some great things!”

Program Goals

Goal 1: The program will prepare graduates to be competent, entry-level Registered Dietitian Nutritionists.
   (four objectives)

Goal 2: The program will generate qualified Registered Dietitian Nutritionists for employment in the field of dietetics.
   (four objectives)

Goal 3: The program will prepare graduates who demonstrate professionalism and continued learning.
   (two objectives)

Goal 4: The program will prepare graduates who demonstrate a commitment to community service.
   (one objective)

A more detailed summary of the program’s outcomes of these goals may be requested by emailing Susan.Roberts@BSWHealth.org
Goal 1: The program will prepare graduates to be competent, entry-level Registered Dietitian Nutritionists.

- At least 80 percent of program interns complete the program requirements within 15 months (150 percent of program length).
- Ninety percent of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.
- The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80 percent.
- Ninety-five percent of graduates will rate themselves “at or above” entry level 10-12 months after employment when compared with other dietitians who have graduated from dietetic programs.
Program Goals

Goal 2: The program will generate qualified registered dietitian nutritionists for employment in the field of dietetics.

- Of graduates who seek employment, 80 percent are employed in nutrition and dietetics or a related fields within 12 months of graduation.
- Ninety-five percent of employers indicate satisfaction with graduate’s preparation for entry-level practice by responding to a survey and rating graduates "at or above" entry level 10-12 months after employment when compared with other new dietitians who have graduated from dietetic programs.

Goal 3: The program will prepare graduates who demonstrate professionalism and continued learning.

- Greater than or equal to 90 percent of employers responding to a survey will rate graduates as satisfactory or better for professional competence.
- Eighty percent of graduates responding to a survey are members of professional organizations.
Goal 4: The program will prepare graduates who demonstrate a commitment to community service.

- Fifty percent of graduates responding to a survey are involved in community service.
Clinical/Nutrition Therapy Concentration Competencies

- **CNT 1.** Develop a foundation that fosters expertise in comprehensive nutrition care to diverse populations in a variety of settings, including neonates, children with special needs and transplant recipients.

- **CNT 2.** Demonstrate an understanding of the role of nutrition-focused physical assessment within complex populations, including critically ill, transplant recipients and children with special needs.

- **CNT 3.** Demonstrate the ability to collect measurable data, analyze research and document outcomes in the practice setting.

- **CNT 4.** Demonstrate the ability to locate, evaluate and analyze research results for a question related to nutrition therapy for a specific condition.

- **CNT 5.** Demonstrate a higher level of understanding of risks and benefits associated with enteral and parenteral nutrition therapies in specific conditions.

- **CNT 6.** Demonstrate an understanding of the role of the dietitian in advanced practice skills, i.e. nutrition order writing and feeding tube placement.
Selection Criteria for the Baylor University Medical Center Internship

- Bachelor's degree by program start date
- Completion of an ACEND-approved Didactic Program in Dietetics
- Verification Statement of Completion of Academic requirements or Declaration of Intent to Complete Academic requirements
  - Completion of DPD coursework within the last five years is preferred; however, candidates with recent relevant work experience will be considered
- Overall GPA and dietetic/nutrition-related course work GPA ≥ 3.0/4.0
- Activities demonstrating leadership and ability to work well with people
- Food service and/or hospital work experience is very important. Other work experience is helpful
- Reference letters from professors and employer
  - Two professors in food and nutrition and current/recent employer
- Applicant's personal letter/statement
- Interviews are not conducted; however, tours are encouraged
  - Tours may be scheduled by contacting the program manager, Ashley Mullins (Ashley.Mullins@BSWHealth.org), any time during the year except during February
Final Acceptance is contingent upon:

- Submission of a Verification Statement of Completion of Academic requirements within 30 days of the start date of the program

- Successful completion of the Baylor Scott & White employee health physical, drug screen (including nicotine) and background check (going back 10 years). Any adverse findings may result in a candidate being denied final acceptance into the Dietetic Internship Program
  - The drug screen and physical is completed at no cost to the intern

- Insurance and certification requirements (purchased by intern)
  - Health insurance
  - Automobile liability insurance
  - Supplemental malpractice liability insurance
  - CPR (healthcare provider) certified
## Internship Estimated Expenses
(subject to variation as expenses are estimates only)

<table>
<thead>
<tr>
<th>Estimated Expenses</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy membership</td>
<td>$58</td>
</tr>
<tr>
<td>Internship application fee</td>
<td>$75</td>
</tr>
<tr>
<td>Internship tuition</td>
<td>$8,000</td>
</tr>
<tr>
<td>Registration exam (following completion of program)</td>
<td>$200</td>
</tr>
<tr>
<td>Books and supplies (safety shoes, study references, etc.)</td>
<td>$50-$100</td>
</tr>
<tr>
<td>Liability insurance</td>
<td>$24</td>
</tr>
<tr>
<td>Local housing cost</td>
<td>$700-$900/month</td>
</tr>
<tr>
<td>Meals (one meal per day is provided for days at the main hospital)</td>
<td>$10-$15/day</td>
</tr>
<tr>
<td>Travel (distance for off-site rotations can vary)</td>
<td>$900/year</td>
</tr>
<tr>
<td>Drug screen (including nicotine), background check and required immunizations (provided by hospital)</td>
<td>$0</td>
</tr>
</tbody>
</table>

### Total cost

<table>
<thead>
<tr>
<th>Total cost</th>
<th>$10,000-$10,300</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nine Graduate credit hours (optional)</td>
<td>Resident $3,668</td>
</tr>
<tr>
<td></td>
<td>Non-Resident $7,403</td>
</tr>
</tbody>
</table>

### Total cost (with optional nine hours of graduate credit)

| Total cost (with optional nine hours of graduate credit) | $13,700-$17,700 |

---

Baylor Scott & White Health
<table>
<thead>
<tr>
<th>Month</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>August-September</td>
<td>Interns prepare for rotations by completing two weeks of orientation to develop clinical skills and knowledge, including performing nutrition-focused physical exams, patient interviewing and medical nutrition therapy through the use of simulation and interactive classes.</td>
</tr>
<tr>
<td>October-December</td>
<td>Interns continue to complete supervised practice hours while their research project begins. Interns design the study and begin data collection in the fall. Journal club presentations and the care of the assigned case study are completed prior to holiday break.</td>
</tr>
<tr>
<td>January-March</td>
<td>Resume supervised practice rotations after the holiday break. Interns will present their case study and continue to complete data collection for the research project. National Nutrition Month® activities are organized and week of vacation is scheduled in March.</td>
</tr>
<tr>
<td>April-May</td>
<td>Research presentations are completed, and the written research paper is submitted. The Boone Powell Scholarship selection process is conducted to award the scholarship to the recipient at graduation. Eligible interns will undergo the application process for the scholarship. Scholarship is awarded based on performance professionally and academically and panel results of the interview and written essay. Interns complete three and a half weeks of staff relief in an assigned area based on their ranked preferences.</td>
</tr>
<tr>
<td>June</td>
<td>Staff relief concludes, and all paperwork is submitted for graduates to be eligible to sit for the RDN exam. A graduation ceremony is held to honor program graduates with the attendance of graduates guests, program preceptors and faculty.</td>
</tr>
</tbody>
</table>
Orientation – Week 1

• Program Orientation (varies year to year)
  – Team building
  – Training on library resources
  – Coping with grief and dying
  – Facility tour
  – Program expectations and policies
Introduction to Clinical Practice – Week 2

• Classes and hands-on activities
  – Subjective global assessment and nutrition-focused physical exam
  – Laboratory values in nutrition assessment
  – Enteral and parenteral nutrition support
  – Nutrition in oncology, intensive care, gastrointestinal disease, pediatrics, wound healing
  – Dental health and nutrition, including intra- and extra-oral exam and assessment of the cranial nerves
  – Simulation lab and hands-on activities, including abdominal exam, heart and lung sounds, vital signs
  – Use of objective structured clinical examination and patient simulation
Rotations – Weeks 3-38

Clinical Rotations
• Bariatric Surgery
• Cardiology
• Diabetes
• Gastrointestinal Disease
• Hematopoietic Stem Cell Transplantation
• Liver Disease
• Neonatology
• Neurology
• Nutrition Support-Enteral/Parenteral
• Oncology
• Outpatient Counseling
• Organ Transplantation
• Pediatric Specialized Programs
• Rehabilitation
• Trauma
• Critically Illness

Rotations & Experiences in the Community
• Central Admixture Pharmacy
• Dental
• Home Infusion Therapy
• WIC
• Executive & Corporate Wellness
• Eating Disorders

Management Rotations
• School Food Service
• Patient Services
• Small Hospital Management
• Production & Purchasing
• Retail
• Nutrition Informatics
Staff Relief – Week 39-41

• Staff Relief 3-4 weeks at end of internship
  – Appointed to assigned area and specialty with consideration of intern preference
  – Intern assumes complete RDN responsibilities with supervision of preceptor
Major Project Assignments

• Research Project: Interns will participate as a researcher to design, develop and conduct a research study. Each research project will have an assigned research coach or coaches to mentor the intern. The research project will include four projects and culminates with the final research presentation in the spring.
  – Journal Club Presentation
  – Research Design Presentation
  – Research Study Presentation
  – Written Research Paper

• National Nutrition Month®: Interns lead the planning and coordination of promotional events during the month of March.

• Case Study: Each intern develops and presents a 30-minute case study from assigned rotation to clinical preceptors.
General Information

• Time Off/Holidays
  – All interns are scheduled time off at the same time.
  – Interns are expected to work some holidays. Holidays and days off are noted in the annual program calendar located on the website.
  – Rotations are not routinely scheduled on weekends; however, there may be rare exceptions based on special events and opportunities.

• Fort Worth and Plano site preference process:
  – All 12 interns spend time at Baylor University Medical Center and will travel to facilities in the surrounding Dallas-Fort Worth Metroplex.
  – One intern will be matched with Baylor Scott & White All Saints Medical Center – Fort Worth, and one intern is matched to Baylor Scott & White Medical Center – Plano to complete approximately six to eight weeks of rotations. Interns completing rotations at these locations will complete the same curriculum as interns matched to the Dallas campus.
  – A site preference form should be included with your mailed check. More details are available in the “instructions” section of the How To Apply page of the website found here: http://www.baylorhealth.edu/Education/HealthCareCareerPrograms/DieteticInternship/Pages/HowtoApply.aspx
General Information

• Boone Powell Sr. Scholarship:
  – Awarded at the end of the internship
  – Selection Criteria
    • Internship performance
    • Written essay
    • Interview with selection committee

• Travel Requirements
  – Transportation and fuel expenses to off-campus facilities for educational purposes are the interns’ responsibility; public transportation will not be feasible for all rotation sites.
  – Some rotations are located in the surrounding Dallas-Fort Worth area and will require a commute (maximum approximately 30 miles, subject to change).
  – In order to meet scheduling requirements, the program does not give consideration to the intern’s residential address when scheduling assignments to off-campus facilities.
Questions – email
Susan Roberts: Susan.Roberts@BSWHealth.org
or
Ashley Mullins: Ashley.Mullins@BSWHealth.org