



# Social Determinants of Health at UNT

**UNT**<sup>®</sup>

UNIVERSITY  
OF NORTH TEXAS<sup>®</sup>

**EST. 1890**

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# Neighborhood and Built Environment - healthy food

## ➤ Access

- closest grocery store is over 2 miles away

## ➤ Financial

- 75% receive financial aid

## ➤ Knowledge

- Many 1<sup>st</sup> generation
- international students



# Neighborhood and Built Environment – healthy food

- **UNT's response**
  - Student food pantry
  - Certified nutritionist
  - Public transportation



# Health and Health Care access – Mental health

## ➤ Mental health

- Suicide – leading cause of death among college students
- Number one reason for dropping out
- 400% increase in care team referrals



# Health and Health Care access – Mental health

## ➤ UNT's response:

- Care Team
- Speak out UNT
- 4 on-campus clinics
- JED Foundation
- TAU online counseling
- Collegiate Recovery program
- Case management
- Student orgs
- UNT Connect – peer program



# Health and Health Care access – Physical health

## ➤ Primary issues

- Obesity
- Lack of insurance
- Financial



# Health and Health Care access – Physical health

## ➤ UNT's response:

- Campus wellness center
- State of the art Recreation center
- Pharmacist
- Optometrist



# Social and Community Context

- **Size**
  - More than 38,000 students
- **Commuters**
  - 75% receive financial aid
- **Online students**
  - Isolation
  - Lack of support





# Economic Stability

- **Housing**
  - Student orgs
  - Campus housing
- **Employment**
  - Student orgs
- **Poverty**
  - Student orgs



# Economic stability

- **UNT's response**
  - Student orgs
  - Campus housing

# Social and Community Context

- **UNT's response**
  - Student orgs
  - Campus housing





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# Thank You!

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